

**National Currency Watch** 2024-02-16

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	15.6 mg	1.3%	2.0%	-8.5%	-34.1%	
CAD	11.6 mg	1.2%	2.1%	-8.6%	-35.1%	
EUR	16.8 mg	1.2%	1.2%	-7.6%	-36.9%	
JPY	0.104 mg	0.7%	0.0%	-18.2%	-51.5%	
CNY	2.08 mg	0.0%	0.5%	-14.3%	-40.1%	

**Digital Token Watch** 2024-02-16

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	812.13 g	12.1%	23.3%	102.2%	847.1%	
Ethereum (ETH)	43.71 g	14.3%	10.6%	56.5%	1,415.1%	
Crypto Index (CCi30)	7,691.47 g	9.9%	12.5%	48.8%	316.6%	

**Bond Watch** 2024-02-16

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.27 g	1.1%	1.6%	-5.1%	-31.7%	
US 20+ Year (TLT)	1.44 g	0.1%	-0.2%	-14.0%	-45.3%	

**Equity Watch** 2024-02-16

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	601.36 g	1.2%	5.5%	4.9%	-1.7%	
S&P 500	77.93 g	0.9%	7.1%	12.0%	18.8%	
Nikkei 225	3.99 g	5.0%	8.0%	13.6%	-10.7%	
Euro STOXX (FEZ)	0.76 g	1.6%	8.5%	2.4%	-9.4%	
HUI	3.24 g	-0.2%	-5.1%	-16.2%	-18.4%	

**Commodity Watch** 2024-02-16

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.233 g/bbl	4.4%	11.3%	-7.6%	-6.1%	
Platinum	13.93 g/oz	3.1%	1.0%	-10.2%	-25.2%	
Palladium	14.71 g/oz	9.4%	2.1%	-41.1%	-56.7%	
Silver	0.358 g/oz	2.9%	1.8%	-2.3%	-3.3%	
Copper	59.8 mg/lb	5.5%	4.9%	-15.7%	-9.6%	
Coffee	29.7 mg/lb	-1.5%	8.6%	-3.3%	28.4%	
Cotton	14.6 mg/lb	3.6%	17.7%	5.8%	-11.9%	