

National Currency Watch 2024-01-26

| | | | Change from | | | |
|-----|---------------|----------|-------------|----------|-------------|--|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago | |
| USD | 15.4 mg | 0.5% | 1.2% | -4.3% | -35.9% | |
| CAD | 11.4 mg | 0.5% | 0.0% | -4.9% | -36.9% | |
| EUR | 16.7 mg | 0.3% | 0.0% | -4.2% | -38.9% | |
| JPY | 0.104 mg | 0.6% | -2.8% | -15.6% | -52.5% | |
| CNY | 2.09 mg | 0.3% | 0.3% | -11.6% | -41.0% | |

Digital Token Watch 2024-01-26

| | | | Change from | | | |
|----------------------|---------------|----------|-------------|----------|-------------|--|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago | |
| Bitcoin (BTC) | 645.09 g | 1.1% | -0.4% | 74.0% | 644.9% | |
| Ethereum (ETH) | 34.96 g | -8.4% | 0.9% | 34.7% | 1,149.7% | |
| Crypto Index (CCi30) | 6,443.92 g | -2.0% | -5.4% | 33.2% | 242.4% | |

Bond Watch 2024-01-26

| | | | Change from | | | |
|-------------------|---------------|----------|-------------|----------|-------------|--|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago | |
| US 1-3 Year (SHY) | 1.27 g | 0.6% | 1.4% | -0.9% | -33.2% | |
| US 20+ Year (TLT) | 1.45 g | 0.2% | -3.9% | -13.6% | -45.6% | |

Equity Watch 2024-01-26

| | | | Change from | | | |
|------------------|---------------|----------|-------------|----------|-------------|--|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago | |
| DJIA | 587.25 g | 1.2% | 2.7% | 7.5% | -1.2% | |
| S&P 500 | 75.37 g | 1.6% | 3.6% | 15.3% | 17.7% | |
| Nikkei 225 | 3.72 g | 0.0% | 4.4% | 10.3% | -18.2% | |
| Euro STOXX (FEZ) | 0.74 g | 3.7% | 1.4% | 5.4% | -11.8% | |
| HUI | 3.37 g | 0.5% | -11.0% | -20.4% | -11.7% | |

Commodity Watch 2024-01-26

| | | | Change from | | | |
|-----------|---------------|----------|-------------|----------|-------------|--|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago | |
| Crude Oil | 1.202 g/bbl | 6.8% | 4.4% | -7.8% | -6.9% | |
| Platinum | 13.98 g/oz | 0.4% | -4.2% | -15.9% | -28.4% | |
| Palladium | 14.58 g/oz | 0.9% | -20.8% | -46.6% | -54.4% | |
| Silver | 0.353 g/oz | 1.0% | -5.2% | -7.5% | -4.5% | |
| Copper | 59.3 mg/lb | 2.2% | 0.0% | -13.6% | -9.6% | |
| Coffee | 29.9 mg/lb | 5.2% | 0.9% | 11.0% | 16.4% | |
| Cotton | 13.0 mg/lb | 1.0% | 6.6% | -7.7% | -27.0% | |