

National Currency Watch 2023-11-24

| | | Change from | | | |
|-----|---------------|-------------|-----------|----------|-------------|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago |
| USD | 15.5 mg | -1.0% | -1.9% | -12.3% | -38.8% |
| CAD | 11.4 mg | -0.2% | -0.8% | -14.1% | -40.5% |
| EUR | 17.0 mg | -0.5% | 1.4% | -7.8% | -41.0% |
| JPY | 0.104 mg | -0.9% | -1.7% | -18.8% | -53.9% |
| CNY | 2.15 mg | 1.7% | 1.8% | -12.6% | -40.8% |

Digital Token Watch 2023-11-24

| | | Change from | | | |
|----------------------|---------------|-------------|-----------|----------|-------------|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago |
| Bitcoin (BTC) | 586.66 g | 2.3% | 9.4% | 99.4% | 494.7% |
| Ethereum (ETH) | 32.19 g | 4.4% | 15.7% | 52.2% | 927.0% |
| Crypto Index (CCi30) | 5,744.17 g | 0.3% | 17.5% | 34.3% | 161.9% |

Bond Watch 2023-11-24

| | | Change from | | | |
|-------------------|---------------|-------------|-----------|----------|-------------|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago |
| US 1-3 Year (SHY) | 1.26 g | -1.0% | -1.2% | -9.8% | -36.8% |
| US 20+ Year (TLT) | 1.40 g | -1.3% | 3.3% | -21.6% | -47.9% |

Equity Watch 2023-11-24

| | | Change from | | | |
|------------------|---------------|-------------|-----------|----------|-------------|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago |
| DJIA | 550.14 g | 0.3% | 4.8% | -9.2% | -10.9% |
| S&P 500 | 70.88 g | 0.0% | 5.3% | -0.7% | 5.9% |
| Nikkei 225 | 3.50 g | -0.8% | 6.4% | -3.8% | -28.0% |
| Euro STOXX (FEZ) | 0.71 g | 0.0% | 9.2% | 2.0% | -18.8% |
| HUI | 3.53 g | 2.7% | -1.8% | -12.7% | -6.1% |

Commodity Watch 2023-11-24

| | | Change from | | | |
|-----------|---------------|-------------|-----------|----------|-------------|
| | Price in Gold | Week ago | Month ago | Year ago | 5 Years ago |
| Crude Oil | 1.174 g/bbl | -1.4% | -13.3% | -15.0% | -8.4% |
| Platinum | 14.24 g/oz | 0.7% | 1.3% | -18.7% | -33.2% |
| Palladium | 16.29 g/oz | -0.2% | -8.2% | -51.6% | -43.8% |
| Silver | 0.368 g/oz | -2.2% | 2.3% | -3.5% | 1.7% |
| Copper | 59.0 mg/lb | 0.6% | 3.2% | -7.9% | -16.6% |
| Coffee | 27.8 mg/lb | 3.5% | 5.7% | -2.1% | -1.5% |
| Cotton | 12.5 mg/lb | 2.0% | -5.8% | -16.0% | -36.3% |