

National Currency Watch 2023-08-25

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	16.2 mg	-1.1%	2.3%	-8.5%	-37.5%	
CAD	11.9 mg	-1.7%	-1.0%	-13.1%	-40.1%	
EUR	17.5 mg	-1.8%	0.0%	-1.0%	-41.9%	
JPY	0.111 mg	-2.0%	-1.5%	-14.5%	-52.5%	
CNY	2.18 mg	-0.7%	-0.7%	-15.1%	-42.5%	

Digital Token Watch 2023-08-25

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	422.90 g	-1.1%	-8.9%	10.4%	140.8%	
Ethereum (ETH)	26.91 g	-2.1%	-8.4%	-8.9%	266.2%	
Crypto Index (CCi30)	4,374.87 g	-1.4%	-11.3%	-20.0%	9.7%	

Bond Watch 2023-08-25

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.31 g	-1.2%	2.4%	-8.0%	-35.8%	
US 20+ Year (TLT)	1.55 g	0.4%	-3.8%	-20.8%	-47.1%	

Equity Watch 2023-08-25

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	557.72 g	-1.6%	-0.9%	-5.6%	-16.7%	
S&P 500	71.54 g	-0.3%	-1.4%	-4.0%	-4.2%	
Nikkei 225	3.51 g	-1.5%	-4.6%	-5.1%	-33.5%	
Euro STOXX (FEZ)	0.71 g	-0.9%	-2.7%	13.6%	-29.0%	
HUI	3.59 g	2.0%	-8.3%	-2.5%	-5.9%	

Commodity Watch 2023-08-25

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.296 g/bbl	-2.9%	2.5%	-21.0%	-27.4%	
Platinum	15.41 g/oz	3.8%	0.4%	-1.7%	-24.5%	
Palladium	20.02 g/oz	-0.8%	-2.3%	-46.1%	-17.3%	
Silver	0.393 g/oz	4.9%	0.7%	14.6%	3.4%	
Copper	61.1 mg/lb	0.5%	-1.5%	-6.8%	-12.9%	
Coffee	24.6 mg/lb	1.7%	-4.1%	-42.9%	-9.4%	
Cotton	14.2 mg/lb	2.6%	1.1%	-31.6%	-33.0%	