

National Currency Watch 2023-06-16

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	15.9 mg	0.0%	2.4%	-6.8%	-34.4%	
CAD	12.0 mg	1.0%	4.5%	-8.5%	-34.4%	
EUR	17.3 mg	1.6%	3.0%	-3.0%	-38.3%	
JPY	0.112 mg	-1.5%	-1.2%	-12.7%	-48.8%	
CNY	2.22 mg	0.1%	0.3%	-12.2%	-40.2%	

Digital Token Watch 2023-06-16

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	417.84 g	-0.5%	-0.2%	20.4%	163.6%	
Ethereum (ETH)	26.53 g	-9.2%	-5.4%	26.1%	123.2%	
Crypto Index (CCi30)	4,125.63 g	-7.4%	-9.7%	1.8%	-26.6%	

Bond Watch 2023-06-16

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.29 g	-0.1%	1.6%	-6.2%	-32.1%	
US 20+ Year (TLT)	1.63 g	0.7%	2.2%	-12.2%	-38.7%	

Equity Watch 2023-06-16

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	544.37 g	1.3%	6.4%	6.8%	-10.3%	
S&P 500	69.99 g	2.6%	9.9%	12.1%	4.0%	
Nikkei 225	3.78 g	2.9%	11.6%	11.4%	-24.5%	
Euro STOXX (FEZ)	0.74 g	4.1%	5.3%	23.6%	-22.7%	
HUI	3.86 g	0.1%	-4.5%	-7.4%	-10.4%	

Commodity Watch 2023-06-16

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.139 g/bbl	2.3%	3.8%	-43.1%	-27.6%	
Platinum	15.66 g/oz	-1.4%	-5.5%	-2.5%	-27.9%	
Palladium	22.19 g/oz	5.6%	-5.8%	-30.2%	-7.9%	
Silver	0.381 g/oz	-1.3%	3.3%	4.3%	-8.7%	
Copper	61.7 mg/lb	2.5%	8.9%	-11.9%	-18.9%	
Coffee	29.3 mg/lb	-3.0%	-0.5%	-25.7%	5.3%	
Cotton	12.9 mg/lb	-3.0%	1.3%	-47.1%	-41.1%	