

National Currency Watch 2023-06-09

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	15.9 mg	0.2%	3.6%	-5.9%	-33.8%	
CAD	11.9 mg	1.1%	4.2%	-10.7%	-35.5%	
EUR	17.1 mg	0.4%	1.7%	-4.9%	-39.5%	
JPY	0.114 mg	0.4%	0.4%	-9.3%	-48.0%	
CNY	2.22 mg	0.2%	0.1%	-11.6%	-40.6%	

Digital Token Watch 2023-06-09

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	419.98 g	-2.7%	-0.7%	-17.3%	132.7%	
Ethereum (ETH)	29.20 g	-0.4%	1.6%	-3.0%	102.8%	
Crypto Index (CCi30)	4,456.28 g	-6.9%	-1.7%	-22.7%	-34.2%	

Bond Watch 2023-06-09

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.29 g	0.0%	2.8%	-5.7%	-31.4%	
US 20+ Year (TLT)	1.62 g	0.1%	2.4%	-14.1%	-37.9%	

Equity Watch 2023-06-09

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	537.51 g	0.5%	4.5%	-1.2%	-11.4%	
S&P 500	68.21 g	0.5%	8.1%	0.7%	2.4%	
Nikkei 225	3.67 g	2.7%	10.7%	3.6%	-26.1%	
Euro STOXX (FEZ)	0.71 g	-0.4%	1.2%	10.3%	-26.2%	
HUI	3.86 g	-1.0%	-9.2%	-8.4%	-10.0%	

Commodity Watch 2023-06-09

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.113 g/bbl	-2.0%	-1.4%	-45.7%	-29.3%	
Platinum	15.88 g/oz	-0.4%	-4.5%	-4.5%	-26.4%	
Palladium	21.01 g/oz	-6.6%	-12.7%	-35.1%	-13.6%	
Silver	0.386 g/oz	2.0%	-1.5%	4.3%	-3.7%	
Copper	60.1 mg/lb	1.9%	0.9%	-18.6%	-23.8%	
Coffee	30.2 mg/lb	5.9%	5.0%	-23.5%	7.7%	
Cotton	13.3 mg/lb	-2.2%	7.5%	-46.0%	-41.4%	