

National Currency Watch 2023-06-02

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
USD	15.8 mg	-0.8%	1.6%	-6.0%	-34.1%	
CAD	11.8 mg	0.7%	3.0%	-11.9%	-36.5%	
EUR	17.0 mg	-0.6%	-0.7%	-5.9%	-39.4%	
JPY	0.113 mg	-0.2%	-0.7%	-12.6%	-48.3%	
CNY	2.21 mg	-1.6%	-1.8%	-11.8%	-40.5%	

Digital Token Watch 2023-06-02

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	431.68 g	1.2%	-3.4%	-16.0%	135.1%	
Ethereum (ETH)	29.33 g	1.7%	2.0%	-4.6%	110.5%	
Crypto Index (CCi30)	4,786.33 g	2.5%	-1.4%	-19.0%	-31.9%	

Bond Watch 2023-06-02

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
US 1-3 Year (SHY)	1.29 g	-0.6%	1.0%	-6.0%	-31.5%	
US 20+ Year (TLT)	1.62 g	0.1%	-1.9%	-15.5%	-38.4%	

Equity Watch 2023-06-02

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
DJIA	534.90 g	1.2%	1.9%	-4.6%	-9.6%	
S&P 500	67.84 g	1.0%	5.7%	-3.7%	3.3%	
Nikkei 225	3.58 g	1.8%	7.4%	0.5%	-26.4%	
Euro STOXX (FEZ)	0.72 g	-1.3%	0.3%	5.4%	-25.6%	
HUI	3.89 g	1.7%	-7.5%	-14.0%	-9.5%	

Commodity Watch 2023-06-02

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Crude Oil	1.137 g/bbl	-2.1%	1.8%	-42.3%	-28.1%	
Platinum	15.95 g/oz	-2.5%	-2.4%	-4.4%	-26.5%	
Palladium	22.48 g/oz	-2.4%	-0.7%	-33.8%	-5.6%	
Silver	0.378 g/oz	2.4%	-2.0%	3.9%	-4.1%	
Copper	59.0 mg/lb	0.5%	-1.7%	-23.2%	-20.6%	
Coffee	28.6 mg/lb	-1.5%	-3.9%	-28.9%	-3.1%	
Cotton	13.6 mg/lb	2.4%	11.3%	-41.9%	-39.2%	