

**National Currency Watch** 2023-01-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	16.3 mg	-2.9%	-4.4%	-4.6%	-30.4%
CAD	12.2 mg	-2.3%	-3.4%	-11.0%	-35.0%
EUR	17.7 mg	-0.8%	-2.7%	-9.8%	-38.0%
JPY	0.128 mg	0.9%	1.4%	-14.6%	-39.3%
CNY	2.41 mg	-1.2%	-2.6%	-9.7%	-32.8%

**Digital Token Watch** 2023-01-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	324.70 g	14.1%	7.1%	-55.4%	-3.5%
Ethereum (ETH)	23.67 g	11.1%	6.7%	-58.9%	-20.7%
Crypto Index (CCi30)	4,380.74 g	13.1%	3.5%	-65.4%	-73.8%

**Bond Watch** 2023-01-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.33 g	-2.7%	-4.2%	-7.6%	-28.1%
US 20+ Year (TLT)	1.74 g	-1.4%	-5.0%	-28.0%	-34.2%

**Equity Watch** 2023-01-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	559.44 g	-0.9%	-3.8%	-9.3%	-7.5%
S&P 500	64.43 g	-1.5%	-6.0%	-19.1%	-1.4%
Nikkei 225	3.34 g	1.4%	-5.3%	-21.7%	-32.9%
Euro STOXX (FEZ)	0.71 g	2.2%	1.9%	-12.1%	-29.6%
HUI	4.25 g	0.4%	6.8%	-2.2%	-10.1%

**Commodity Watch** 2023-01-13

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.302 g/bbl	5.1%	1.3%	-7.2%	-13.6%
Platinum	17.24 g/oz	-4.3%	-2.5%	3.4%	-25.8%
Palladium	28.36 g/oz	-5.3%	-14.8%	-12.7%	10.2%
Silver	0.386 g/oz	-2.0%	-3.2%	-2.8%	-3.8%
Copper	68.6 mg/lb	4.5%	4.8%	-11.0%	-8.5%
Coffee	24.7 mg/lb	-6.9%	-13.2%	-38.9%	-13.7%
Cotton	13.4 mg/lb	-6.7%	-3.6%	-32.8%	-29.9%