

National Currency Watch 2022-11-18

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
USD	17.8 mg	0.4%	-5.6%	6.2%	-26.7%
CAD	13.3 mg	-0.5%	-3.1%	0.3%	-29.8%
EUR	18.4 mg	0.8%	-0.7%	-3.0%	-35.5%
JPY	0.127 mg	-0.1%	0.6%	-13.2%	-41.2%
CNY	2.45 mg	0.2%	-4.0%	-6.0%	-32.5%

Digital Token Watch 2022-11-18

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	296.51 g	-1.5%	-18.5%	-68.9%	57.2%
Ethereum (ETH)	21.53 g	-5.4%	-13.5%	-69.9%	167.6%
Crypto Index (CCi30)	4,246.26 g	-4.3%	-15.6%	-71.8%	-1.9%

Bond Watch 2022-11-18

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.44 g	0.2%	-5.3%	1.3%	-25.2%
US 20+ Year (TLT)	1.77 g	2.2%	-4.1%	-26.6%	-36.4%

Equity Watch 2022-11-18

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
DJIA	599.23 g	0.4%	4.3%	-0.1%	5.9%
S&P 500	70.41 g	-0.3%	0.6%	-10.5%	12.7%
Nikkei 225	3.54 g	-1.4%	3.3%	-18.2%	-26.7%
Euro STOXX (FEZ)	0.69 g	1.2%	11.9%	-14.6%	-30.0%
HUI	3.86 g	-2.8%	7.4%	-15.2%	-15.1%

Commodity Watch 2022-11-18

	Price in Gold	Change from			
		Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.422 g/bbl	-9.6%	-8.8%	8.5%	3.8%
Platinum	17.51 g/oz	-4.8%	1.0%	-1.8%	-22.8%
Palladium	34.93 g/oz	-2.8%	-8.4%	-3.8%	44.7%
Silver	0.375 g/oz	-1.4%	6.5%	-10.3%	-9.5%
Copper	64.5 mg/lb	-7.7%	0.6%	-10.4%	-13.0%
Coffee	26.9 mg/lb	-10.7%	-26.8%	-29.8%	-10.4%
Cotton	15.1 mg/lb	-3.0%	-2.3%	-23.1%	-10.5%