

National Currency Watch 2022-07-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.3 mg	1.6%	2.6%	-0.9%
CAD	13.4 mg	1.5%	0.5%	-5.0%
EUR	18.0 mg	0.1%	0.0%	-13.2%
JPY	0.128 mg	1.6%	-1.3%	-18.2%
CNY	2.57 mg	1.1%	1.5%	-5.0%

Digital Token Watch 2022-07-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	333.44 g	-7.8%	-33.6%	-43.1%
Ethereum (ETH)	18.34 g	-12.3%	-44.2%	-54.3%
Crypto Index (CCI30)	4,226.76 g	-10.5%	-26.5%	-59.2%

Bond Watch 2022-07-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.43 g	2.0%	2.5%	-4.2%
US 20+ Year (TLT)	2.00 g	4.5%	2.5%	-19.2%

Equity Watch 2022-07-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	538.11 g	0.3%	-2.7%	-11.0%
S&P 500	66.19 g	-0.7%	-4.3%	-12.2%
Nikkei 225	3.27 g	-2.1%	-8.3%	-27.3%
Euro STOXX (FEZ)	0.60 g	-2.0%	-9.0%	-26.7%
HUI	3.93 g	-3.1%	-8.9%	-15.5%

Commodity Watch 2022-07-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.876 g/bbl	2.3%	-3.4%	42.9%
Platinum	15.09 g/oz	-2.8%	-9.6%	-20.4%
Palladium	33.12 g/oz	4.5%	-2.5%	-32.0%
Silver	0.341 g/oz	-4.0%	-6.3%	-25.6%
Copper	62.6 mg/lb	-1.7%	-14.2%	-15.4%
Coffee	39.5 mg/lb	2.4%	-2.1%	44.8%
Cotton	17.9 mg/lb	1.5%	-21.8%	19.6%