

**National Currency Watch** 2022-04-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.0 mg	-0.6%	5.0%	-9.6%
CAD	12.7 mg	-1.4%	7.3%	-9.7%
EUR	17.4 mg	-2.1%	5.0%	-17.4%
JPY	0.129 mg	-1.9%	-2.4%	-20.6%
CNY	2.53 mg	0.1%	2.5%	-6.9%

**Digital Token Watch** 2022-04-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	677.50 g	-9.2%	14.7%	-34.4%
Ethereum (ETH)	51.14 g	-8.0%	30.4%	45.0%
Crypto Index (CCI30)	10,295.24 g	-10.9%	20.0%	-34.0%

**Bond Watch** 2022-04-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.33 g	-0.7%	3.5%	-12.7%
US 20+ Year (TLT)	2.00 g	-5.9%	-4.5%	-16.7%

**Equity Watch** 2022-04-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	556.27 g	-0.9%	11.8%	-6.3%
S&P 500	71.91 g	-1.9%	13.0%	-0.9%
Nikkei 225	3.48 g	-4.3%	6.2%	-27.9%
Euro STOXX (FEZ)	0.64 g	-4.4%	12.9%	-21.1%
HUI	5.17 g	-0.3%	7.5%	2.9%

**Commodity Watch** 2022-04-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.574 g/bbl	-1.6%	-16.6%	49.1%
Platinum	15.57 g/oz	-2.9%	-11.3%	-28.1%
Palladium	39.12 g/oz	4.5%	-14.5%	-16.7%
Silver	0.395 g/oz	-0.9%	-1.0%	-12.1%
Copper	75.7 mg/lb	0.2%	5.4%	4.3%
Coffee	37.1 mg/lb	0.8%	4.0%	63.8%
Cotton	21.2 mg/lb	-2.2%	17.9%	47.1%