

National Currency Watch 2022-04-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.1 mg	1.3%	-0.4%	-10.5%
CAD	12.9 mg	1.4%	1.0%	-10.0%
EUR	17.8 mg	1.7%	-1.3%	-16.0%
JPY	0.131 mg	0.5%	-6.9%	-19.5%
CNY	2.53 mg	1.4%	-2.1%	-8.3%

Digital Token Watch 2022-04-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	746.10 g	5.7%	3.9%	-29.9%
Ethereum (ETH)	55.61 g	12.4%	17.0%	57.6%
Crypto Index (CCI30)	11,556.23 g	10.9%	11.0%	-20.0%

Bond Watch 2022-04-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.34 g	1.0%	-2.2%	-13.5%
US 20+ Year (TLT)	2.13 g	4.2%	-6.6%	-12.5%

Equity Watch 2022-04-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	561.30 g	1.1%	4.2%	-6.0%
S&P 500	73.28 g	1.3%	5.2%	1.2%
Nikkei 225	3.63 g	-1.2%	-4.1%	-24.2%
Euro STOXX (FEZ)	0.67 g	2.8%	3.6%	-17.8%
HUI	5.18 g	3.4%	9.5%	4.0%

Commodity Watch 2022-04-01

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.600 g/bbl	-11.7%	-4.4%	44.5%
Platinum	16.04 g/oz	-0.3%	-6.8%	-25.8%
Palladium	37.45 g/oz	-5.8%	-14.0%	-21.3%
Silver	0.398 g/oz	-2.4%	-0.2%	-9.2%
Copper	75.6 mg/lb	1.0%	1.6%	4.5%
Coffee	36.8 mg/lb	4.3%	-4.1%	68.0%
Cotton	21.7 mg/lb	0.3%	6.1%	54.4%