

National Currency Watch 2022-03-04

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.0 mg	-3.1%	-7.2%	-12.0%
CAD	12.5 mg	-3.3%	-7.2%	-13.1%
EUR	17.5 mg	-5.9%	-11.5%	-20.2%
JPY	0.139 mg	-2.5%	-6.9%	-17.5%
CNY	2.54 mg	-1.0%	-6.5%	-9.1%

Digital Token Watch 2022-03-04

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	625.77 g	-3.3%	-12.5%	-29.1%
Ethereum (ETH)	41.85 g	-8.3%	-10.0%	46.1%
Crypto Index (CCI30)	9,181.64 g	-5.7%	-15.7%	-20.3%

Bond Watch 2022-03-04

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.35 g	-2.9%	-7.4%	-13.5%
US 20+ Year (TLT)	2.24 g	-0.6%	-6.3%	-9.6%

Equity Watch 2022-03-04

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	537.47 g	-4.4%	-11.1%	-4.3%
S&P 500	69.21 g	-4.3%	-10.8%	1.1%
Nikkei 225	3.62 g	-4.3%	-11.8%	-25.9%
Euro STOXX (FEZ)	0.60 g	-15.7%	-22.8%	-22.4%
HUI	4.87 g	5.2%	14.8%	4.5%

Commodity Watch 2022-03-04

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.850 g/bbl	22.4%	16.3%	59.5%
Platinum	17.46 g/oz	0.3%	-0.3%	-17.3%
Palladium	47.41 g/oz	23.8%	20.3%	10.5%
Silver	0.402 g/oz	0.7%	3.7%	-14.7%
Copper	78.9 mg/lb	6.8%	1.7%	9.2%
Coffee	35.8 mg/lb	-9.5%	-14.0%	49.3%
Cotton	19.2 mg/lb	-4.6%	-12.0%	21.4%