National Currency Watch	2021-12-24			
•	Change from			
	Price in Gold	Week ago	Month ago	Year ago
USD	17.2 mg	0.1%	-1.3%	3.9%
CAD	13.5 mg	0.4%	-2.2%	4.3%
EUR	19.5 mg	0.6%	-0.1%	-3.4%
JPY	0.151 mg	-0.5%	-0.4%	-5.9%
CNY	2.68 mg	-0.4%	-0.8%	5.0%
Digital Token Watch	2021-12-24			
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	875.66 g	10.2%	-12.3%	122.4%
Ethereum (ETH)	69.75 g	4.5%	-7.6%	620.3%
Crypto Index (CCi30)	14,731.35 g	13.0%	-8.6%	249.0%
Bond Watch	2021-12-24			
	Change from			
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.49 g	-0.1%	0.1%	4.6%
US 20+ Year (TLT)	2.60 g	-1.5%	1.5%	1.0%
Equity Watch	2021-12-24			
	Change from			
	Price in Gold	Week ago	Month ago	Year ago
DJIA	628.28 g	1.7%	0.5%	25.4%
S&P 500	82.59 g	2.3%	0.6%	34.4%
Nikkei 225	4.43 g	0.8%	0.1%	3.9%
Euro STOXX (FEZ)	0.81 g	2.4%	-0.5%	16.6%
HUI	4.44 g	2.6%	-1.6%	-11.1%
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Commodity Watch	2021-12-24	Change	- fram	
	Change from			
Crudo Oil	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.271 g/bbl	4.3%	-7.2%	58.9%
Platinum	16.73 g/oz	4.0%	-2.0%	-1.2%
Palladium	32.56 g/oz	6.4%	-0.2%	-15.7%
Silver	0.391 g/oz	0.2%	-4.8%	-8.7%
Copper	75.9 mg/lb	2.8%	-2.5%	28.4%
Coffee	39.8 mg/lb	-1.9%	-7.3%	90.7%
Cotton	18.8 mg/lb	1.8%	-10.5%	48.7%