

**National Currency Watch** 2021-08-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.5 mg	-0.3%	2.5%	8.3%
CAD	13.6 mg	-3.1%	1.4%	11.2%
EUR	20.4 mg	-1.3%	1.8%	6.8%
JPY	0.159 mg	-0.2%	2.6%	4.5%
CNY	2.67 mg	-1.9%	1.4%	11.3%

**Digital Token Watch** 2021-08-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	862.61 g	2.9%	69.6%	349.9%
Ethereum (ETH)	57.47 g	-1.4%	84.5%	800.5%
Crypto Index (CCI30)	15,666.28 g	7.2%	91.9%	392.4%

**Bond Watch** 2021-08-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.51 g	-0.3%	2.4%	8.3%
US 20+ Year (TLT)	2.63 g	1.1%	3.0%	0.1%

**Equity Watch** 2021-08-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	614.01 g	-1.4%	4.3%	37.1%
S&P 500	77.65 g	-0.9%	5.3%	42.1%
Nikkei 225	4.30 g	-3.7%	1.2%	23.4%
Euro STOXX (FEZ)	0.82 g	-2.9%	6.3%	34.1%
HUI	4.20 g	-6.1%	-5.6%	-24.6%

**Commodity Watch** 2021-08-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.086 g/bbl	-9.5%	-5.2%	57.2%
Platinum	17.06 g/oz	-5.1%	-6.6%	15.4%
Palladium	40.14 g/oz	-13.5%	-9.3%	15.0%
Silver	0.406 g/oz	-1.1%	-5.2%	-6.6%
Copper	72.3 mg/lb	-5.4%	-0.8%	50.7%
Coffee	31.2 mg/lb	-2.7%	9.5%	62.9%
Cotton	16.3 mg/lb	-1.6%	7.8%	56.3%