

**National Currency Watch** 2021-08-13

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.5 mg	-0.6%	2.3%	9.6%
CAD	14.0 mg	-0.1%	2.4%	15.8%
EUR	20.7 mg	-0.3%	2.0%	9.2%
JPY	0.160 mg	-0.2%	2.7%	6.6%
CNY	2.73 mg	2.2%	2.7%	12.5%

**Digital Token Watch** 2021-08-13

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	838.03 g	10.9%	49.4%	344.5%
Ethereum (ETH)	58.25 g	14.2%	64.8%	825.3%
Crypto Index (CCI30)	14,615.30 g	19.6%	52.6%	366.5%

**Bond Watch** 2021-08-13

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.51 g	-0.6%	2.4%	9.6%
US 20+ Year (TLT)	2.60 g	-0.1%	4.7%	0.8%

**Equity Watch** 2021-08-13

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	622.74 g	0.2%	4.1%	39.5%
S&P 500	78.34 g	0.1%	4.6%	45.2%
Nikkei 225	4.47 g	0.4%	0.0%	28.3%
Euro STOXX (FEZ)	0.85 g	0.9%	5.7%	37.8%
HUI	4.47 g	-2.4%	-2.9%	-15.8%

**Commodity Watch** 2021-08-13

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.200 g/bbl	-0.4%	-7.0%	77.6%
Platinum	17.97 g/oz	2.2%	-5.1%	18.5%
Palladium	46.40 g/oz	-1.2%	-4.7%	32.4%
Silver	0.410 g/oz	-6.9%	-8.4%	-2.4%
Copper	76.4 mg/lb	-0.1%	3.3%	70.2%
Coffee	32.0 mg/lb	3.2%	22.7%	72.4%
Cotton	16.5 mg/lb	2.2%	9.0%	64.1%