

**National Currency Watch** 2021-08-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.6 mg	3.6%	2.7%	17.3%
CAD	14.0 mg	2.8%	1.9%	24.0%
EUR	20.7 mg	2.7%	2.1%	16.4%
JPY	0.160 mg	3.0%	2.9%	12.2%
CNY	2.67 mg	1.4%	-0.1%	17.9%

**Digital Token Watch** 2021-08-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	755.43 g	5.0%	28.4%	326.2%
Ethereum (ETH)	51.01 g	21.4%	33.6%	736.4%
Crypto Index (CCI30)	12,222.73 g	9.5%	14.8%	338.3%

**Bond Watch** 2021-08-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.52 g	3.5%	2.7%	17.2%
US 20+ Year (TLT)	2.61 g	2.5%	3.5%	2.8%

**Equity Watch** 2021-08-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	621.20 g	4.4%	4.5%	50.7%
S&P 500	78.28 g	4.5%	4.9%	55.3%
Nikkei 225	4.45 g	5.1%	-0.1%	39.2%
Euro STOXX (FEZ)	0.84 g	4.8%	5.3%	47.8%
HUI	4.58 g	-1.7%	-1.7%	-16.0%

**Commodity Watch** 2021-08-06

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.205 g/bbl	-4.2%	-4.5%	90.9%
Platinum	17.59 g/oz	-1.1%	-7.5%	19.8%
Palladium	46.95 g/oz	3.7%	-4.8%	40.4%
Silver	0.441 g/oz	1.5%	-3.6%	5.0%
Copper	76.5 mg/lb	0.3%	4.6%	74.7%
Coffee	31.1 mg/lb	1.5%	22.0%	76.4%
Cotton	16.2 mg/lb	6.2%	7.7%	65.8%