

National Currency Watch 2021-03-19

| | | Change from | | |
|-----|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| USD | 17.9 mg | -1.8% | 2.9% | -15.0% |
| CAD | 14.3 mg | -1.9% | 3.7% | -1.8% |
| EUR | 21.3 mg | -2.0% | 1.1% | -5.4% |
| JPY | 0.165 mg | -1.6% | -0.1% | -14.1% |
| CNY | 2.74 mg | -1.2% | 1.3% | -8.4% |

Digital Token Watch 2021-03-19

| | | Change from | | |
|----------------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| Bitcoin (BTC) | 1,045.86 g | 0.0% | 7.5% | 700.7% |
| Ethereum (ETH) | 32.58 g | 0.8% | -4.1% | 1,266.6% |
| Crypto Index (CCI30) | 13,297.26 g | 4.6% | 2.7% | 590.6% |

Bond Watch 2021-03-19

| | | Change from | | |
|-------------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| US 1-3 Year (SHY) | 1.55 g | -1.7% | 2.8% | -14.5% |
| US 20+ Year (TLT) | 2.42 g | -2.7% | -3.1% | -21.8% |

Equity Watch 2021-03-19

| | | Change from | | |
|------------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| DJIA | 584.86 g | -2.2% | 6.6% | 38.0% |
| S&P 500 | 70.14 g | -2.5% | 3.1% | 38.0% |
| Nikkei 225 | 4.91 g | -1.4% | -0.9% | 54.6% |
| Euro STOXX (FEZ) | 0.79 g | -2.5% | 4.8% | 47.0% |
| HUI | 5.01 g | 1.2% | 9.1% | 34.3% |

Commodity Watch 2021-03-19

| | | Change from | | |
|-----------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| Crude Oil | 1.101 g/bbl | -8.0% | 6.7% | 106.9% |
| Platinum | 21.03 g/oz | -2.8% | -6.7% | 68.1% |
| Palladium | 46.87 g/oz | 9.0% | 13.9% | 30.0% |
| Silver | 0.469 g/oz | 0.9% | 0.0% | 85.2% |
| Copper | 73.7 mg/lb | -2.4% | 3.8% | 58.8% |
| Coffee | 23.1 mg/lb | -4.7% | 4.2% | -2.8% |
| Cotton | 15.2 mg/lb | -5.0% | -3.7% | 31.0% |