

National Currency Watch 2020-08-14

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.0 mg	4.4%	-7.3%	-22.2%
CAD	12.1 mg	5.5%	-4.8%	-21.9%
EUR	18.9 mg	4.8%	-3.8%	-17.4%
JPY	0.150 mg	3.9%	-6.6%	-22.7%
CNY	2.38 mg	6.3%	-4.9%	-18.6%

Digital Token Watch 2020-08-14

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	188.23 g	5.9%	18.0%	-8.9%
Ethereum (ETH)	7.00 g	20.4%	69.7%	61.5%

Bond Watch 2020-08-14

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.38 g	4.4%	-7.3%	-19.5%
US 20+ Year (TLT)	2.61 g	0.3%	-9.4%	-11.3%

Equity Watch 2020-08-14

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	446.72 g	6.3%	-2.9%	-14.7%
S&P 500	53.94 g	5.1%	-2.3%	-7.6%
Nikkei 225	3.50 g	8.3%	-3.7%	-12.8%
Euro STOXX (FEZ)	0.61 g	6.0%	-4.8%	-16.4%
HUI	5.28 g	-1.6%	2.1%	20.4%

Commodity Watch 2020-08-14

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.672 g/bbl	6.4%	-3.4%	-40.8%
Platinum	15.23 g/oz	9.7%	7.2%	-13.0%
Palladium	34.32 g/oz	5.4%	0.5%	16.4%
Silver	0.427 g/oz	-1.5%	31.0%	21.4%
Copper	45.7 mg/lb	6.9%	-9.7%	-14.4%
Coffee	18.3 mg/lb	3.8%	8.5%	-5.5%
Cotton	10.1 mg/lb	5.3%	-7.0%	-17.9%