

National Currency Watch 2020-07-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	15.8 mg	-3.2%	-9.9%	-27.3%
CAD	11.8 mg	-3.1%	-8.7%	-28.8%
EUR	18.7 mg	-1.5%	-5.4%	-22.8%
JPY	0.150 mg	-3.1%	-8.3%	-25.4%
CNY	2.35 mg	-2.4%	-6.1%	-25.1%

Digital Token Watch 2020-07-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	179.25 g	14.9%	10.6%	-18.4%
Ethereum (ETH)	5.47 g	19.8%	37.4%	19.1%

Bond Watch 2020-07-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.37 g	-3.1%	-9.7%	-24.4%
US 20+ Year (TLT)	2.71 g	-2.5%	-5.6%	-4.7%

Equity Watch 2020-07-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	418.35 g	-3.3%	-7.4%	-28.5%
S&P 500	51.78 g	-4.4%	-5.4%	-20.3%
Nikkei 225	3.25 g	-7.5%	-10.0%	-24.7%
Euro STOXX (FEZ)	0.58 g	-5.8%	-7.3%	-28.5%
HUI	5.55 g	-0.6%	7.2%	27.8%

Commodity Watch 2020-07-31

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.637 g/bbl	-5.6%	-8.8%	-49.6%
Platinum	14.33 g/oz	-5.3%	-0.9%	-24.7%
Palladium	32.69 g/oz	-8.5%	-3.1%	-2.1%
Silver	0.381 g/oz	3.7%	19.1%	6.1%
Copper	45.4 mg/lb	-4.0%	-4.9%	-21.7%
Coffee	18.8 mg/lb	6.2%	3.1%	-13.3%
Cotton	9.9 mg/lb	0.9%	-9.8%	-28.7%