

National Currency Watch 2020-07-24

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	16.4 mg	-5.0%	-7.2%	-25.0%
CAD	12.2 mg	-3.7%	-6.0%	-26.5%
EUR	19.0 mg	-3.3%	-4.3%	-21.7%
JPY	0.154 mg	-3.8%	-6.2%	-23.4%
CNY	2.40 mg	-4.6%	-4.6%	-23.8%

Digital Token Watch 2020-07-24

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	155.95 g	-1.0%	-4.9%	-27.1%
Ethereum (ETH)	4.57 g	14.0%	6.4%	-1.6%

Bond Watch 2020-07-24

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.42 g	-5.0%	-7.1%	-22.0%
US 20+ Year (TLT)	2.78 g	-3.3%	-3.2%	-1.4%

Equity Watch 2020-07-24

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	432.84 g	-5.7%	-3.4%	-27.2%
S&P 500	54.14 g	-2.4%	0.8%	-17.7%
Nikkei 225	3.51 g	-3.6%	-5.3%	-19.7%
Euro STOXX (FEZ)	0.61 g	-5.3%	-0.5%	-26.6%
HUI	5.59 g	2.1%	14.6%	20.8%

Commodity Watch 2020-07-24

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.675 g/bbl	-3.3%	0.9%	-44.6%
Platinum	15.13 g/oz	6.7%	5.9%	-20.1%
Palladium	35.73 g/oz	2.6%	6.2%	7.3%
Silver	0.368 g/oz	11.5%	16.9%	2.0%
Copper	47.3 mg/lb	-5.4%	1.3%	-20.0%
Coffee	17.7 mg/lb	0.7%	2.9%	-19.5%
Cotton	9.8 mg/lb	-7.8%	-9.5%	-29.9%