

National Currency Watch 2020-07-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.3 mg	-1.7%	-4.5%	-21.9%
CAD	12.7 mg	-1.7%	-5.6%	-24.6%
EUR	19.5 mg	-1.0%	-4.8%	-21.4%
JPY	0.162 mg	-1.0%	-4.1%	-20.6%
CNY	2.50 mg	-0.6%	-2.9%	-22.2%

Digital Token Watch 2020-07-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	160.06 g	0.4%	-10.2%	-40.4%
Ethereum (ETH)	4.16 g	5.1%	-6.5%	-39.8%

Bond Watch 2020-07-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.49 g	-1.7%	-4.5%	-18.8%
US 20+ Year (TLT)	2.87 g	0.2%	-1.1%	0.5%

Equity Watch 2020-07-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	449.80 g	-0.7%	-7.7%	-24.2%
S&P 500	54.94 g	0.1%	-4.6%	-16.9%
Nikkei 225	3.60 g	-1.0%	-7.5%	-17.8%
Euro STOXX (FEZ)	0.63 g	-0.8%	-4.8%	-25.5%
HUI	5.37 g	5.1%	6.7%	21.4%

Commodity Watch 2020-07-10

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.699 g/bbl	-1.9%	-2.2%	-47.6%
Platinum	14.40 g/oz	1.6%	-4.8%	-20.8%
Palladium	33.53 g/oz	0.3%	-5.8%	-3.9%
Silver	0.324 g/oz	2.4%	1.2%	-2.9%
Copper	50.0 mg/lb	5.6%	4.1%	-15.9%
Coffee	16.8 mg/lb	-7.2%	-3.9%	-28.2%
Cotton	11.1 mg/lb	0.3%	1.5%	-21.3%