

**National Currency Watch** 2020-06-19

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	17.9 mg	-0.1%	0.2%	-22.5%
CAD	13.2 mg	0.2%	2.5%	-23.7%
EUR	20.1 mg	-0.6%	2.3%	-22.7%
JPY	0.168 mg	0.3%	1.1%	-21.5%
CNY	2.56 mg	0.1%	0.7%	-22.7%

**Digital Token Watch** 2020-06-19

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	166.53 g	-2.1%	-4.4%	-22.4%
Ethereum (ETH)	4.07 g	-4.4%	5.9%	-33.7%

**Bond Watch** 2020-06-19

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.55 g	-0.1%	0.2%	-19.6%
US 20+ Year (TLT)	2.91 g	0.0%	-0.5%	-3.2%

**Equity Watch** 2020-06-19

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	463.87 g	1.0%	7.1%	-24.4%
S&P 500	55.54 g	1.8%	6.2%	-18.0%
Nikkei 225	3.77 g	1.0%	11.2%	-17.3%
Euro STOXX (FEZ)	0.64 g	1.5%	15.6%	-27.1%
HUI	4.78 g	1.8%	-10.9%	14.8%

**Commodity Watch** 2020-06-19

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.713 g/bbl	9.5%	22.5%	-42.7%
Platinum	14.70 g/oz	-0.3%	-0.2%	-20.9%
Palladium	33.85 g/oz	-2.5%	-7.0%	-2.8%
Silver	0.314 g/oz	-0.6%	2.6%	-9.1%
Copper	46.8 mg/lb	0.4%	8.2%	-25.0%
Coffee	16.8 mg/lb	-1.6%	-12.3%	-24.5%
Cotton	11.0 mg/lb	2.8%	4.2%	-27.0%