

**National Currency Watch** 2020-05-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	18.3 mg	-1.0%	-3.3%	-24.6%
CAD	13.1 mg	0.0%	-2.4%	-27.1%
EUR	19.8 mg	-2.3%	-3.2%	-26.8%
JPY	0.171 mg	-0.6%	-1.2%	-21.9%
CNY	2.61 mg	-1.9%	-3.4%	-26.1%

**Digital Token Watch** 2020-05-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	179.66 g	9.9%	29.8%	24.1%
Ethereum (ETH)	3.89 g	-1.6%	24.9%	-5.7%

**Bond Watch** 2020-05-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.58 g	-0.9%	-3.1%	-20.8%
US 20+ Year (TLT)	2.99 g	-3.3%	-3.8%	1.5%

**Equity Watch** 2020-05-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	444.11 g	1.5%	0.4%	-29.3%
S&P 500	53.48 g	2.4%	3.0%	-23.3%
Nikkei 225	3.46 g	2.2%	3.0%	-27.1%
Euro STOXX (FEZ)	0.56 g	0.4%	-1.1%	-37.9%
HUI	5.21 g	2.2%	30.5%	41.0%

**Commodity Watch** 2020-05-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	0.451 g/bbl	24.3%	-4.7%	-70.0%
Platinum	13.84 g/oz	-2.0%	-1.1%	-34.1%
Palladium	33.04 g/oz	-7.4%	-19.7%	3.3%
Silver	0.273 g/oz	-0.1%	-3.8%	-24.3%
Copper	44.1 mg/lb	3.3%	2.5%	-34.3%
Coffee	20.4 mg/lb	4.1%	-9.9%	-5.0%
Cotton	10.3 mg/lb	-0.3%	1.0%	-41.3%