

**National Currency Watch** 2020-03-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	20.8 mg	4.6%	8.3%	-12.8%
CAD	14.5 mg	1.9%	-0.1%	-19.0%
EUR	22.2 mg	1.0%	7.2%	-17.9%
JPY	0.187 mg	0.7%	9.1%	-12.7%
CNY	2.97 mg	4.8%	7.7%	-15.5%

**Digital Token Watch** 2020-03-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	129.02 g	16.5%	-30.1%	32.3%
Ethereum (ETH)	2.76 g	4.2%	-45.1%	-17.3%

**Bond Watch** 2020-03-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.80 g	4.8%	10.5%	-8.3%
US 20+ Year (TLT)	3.32 g	8.3%	18.0%	16.0%

**Equity Watch** 2020-03-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	399.07 g	-13.5%	-28.9%	-35.0%
S&P 500	47.97 g	-11.1%	-26.0%	-28.8%
Nikkei 225	3.09 g	-4.4%	-23.1%	-33.1%
Euro STOXX (FEZ)	0.53 g	-8.6%	-31.1%	-40.3%
HUI	3.46 g	6.2%	-25.0%	-15.3%

**Commodity Watch** 2020-03-20

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	.47 g/bbl	-25.1%	-54.3%	-66.8%
Platinum	12.78 g/oz	-17.9%	-32.5%	-37.6%
Palladium	34.03 g/oz	-2.0%	-34.6%	-11.0%
Silver	0.263 g/oz	-16.2%	-25.6%	-28.1%
Copper	45.6 mg/lb	-7.4%	-8.3%	-34.5%
Coffee	25.3 mg/lb	18.9%	25.3%	11.7%
Cotton	11.3 mg/lb	-5.9%	-15.0%	-37.1%