

National Currency Watch 2020-03-06

| | | Change from | | |
|-----|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| USD | 18.5 mg | -4.4% | -7.1% | -23.6% |
| CAD | 13.8 mg | -4.4% | -8.1% | -23.7% |
| EUR | 20.9 mg | -1.5% | -4.3% | -23.7% |
| JPY | 0.175 mg | -2.1% | -3.1% | -19.0% |
| CNY | 2.68 mg | -1.3% | -6.4% | -24.9% |

Digital Token Watch 2020-03-06

| | | Change from | | |
|----------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| Bitcoin (BTC) | 168.53 g | 0.6% | -12.9% | 78.5% |
| Ethereum (ETH) | 4.50 g | 2.7% | 10.0% | 34.7% |

Bond Watch 2020-03-06

| | | Change from | | |
|-------------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| US 1-3 Year (SHY) | 1.59 g | -3.7% | -5.5% | -19.8% |
| US 20+ Year (TLT) | 3.08 g | 2.8% | 8.7% | 8.3% |

Equity Watch 2020-03-06

| | | Change from | | |
|------------------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| DJIA | 477.82 g | -2.7% | -18.3% | -23.1% |
| S&P 500 | 54.91 g | -3.8% | -17.5% | -18.1% |
| Nikkei 225 | 3.64 g | -3.9% | -15.8% | -22.2% |
| Euro STOXX (FEZ) | 0.66 g | -5.3% | -18.5% | -25.4% |
| HUI | 4.44 g | 6.6% | -3.3% | 12.8% |

Commodity Watch 2020-03-06

| | | Change from | | |
|-----------|---------------|-------------|-----------|----------|
| | Price in Gold | Week ago | Month ago | Year ago |
| Crude Oil | .76 g/bbl | -11.8% | -24.8% | -44.4% |
| Platinum | 16.53 g/oz | -1.7% | -14.9% | -17.4% |
| Palladium | 47.50 g/oz | -9.6% | -1.2% | 30.0% |
| Silver | 0.323 g/oz | -2.7% | -8.6% | -11.6% |
| Copper | 47.5 mg/lb | -3.4% | -7.9% | -32.7% |
| Coffee | 19.8 mg/lb | -7.8% | 1.6% | -16.9% |
| Cotton | 11.6 mg/lb | -2.4% | -14.1% | -35.4% |