

National Currency Watch		2020-01-31			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	19.6 mg	-1.3%	-4.4%	-16.5%	
CAD	14.8 mg	-1.9%	-6.2%	-17.1%	
EUR	21.8 mg	-0.7%	-5.6%	-19.3%	
JPY	0.181 mg	-0.3%	-4.1%	-16.1%	
CNY	2.83 mg	-1.3%	-2.9%	-18.8%	

Digital Token Watch		2020-01-31			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Bitcoin (BTC)	183.58 g	9.3%	24.3%	125.9%	
Ethereum (ETH)	3.54 g	9.1%	29.9%	36.9%	

Bond Watch		2020-01-31			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
US 1-3 Year (SHY)	1.67 g	-1.0%	-3.8%	-13.4%	
US 20+ Year (TLT)	2.86 g	1.4%	3.0%	2.4%	

Equity Watch		2020-01-31			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	554.77 g	-3.8%	-5.3%	-5.6%	
S&P 500	63.33 g	-3.4%	-4.5%	-0.4%	
Nikkei 225	4.20 g	-2.9%	-5.7%	-6.3%	
Euro STOXX (FEZ)	0.77 g	-4.3%	-8.3%	-7.3%	
HUI	4.61 g	-2.1%	-7.3%	15.0%	

Commodity Watch		2020-01-31			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.01 g/bbl	-6.0%	-20.0%	-19.9%	
Platinum	18.83 g/oz	-6.5%	-5.6%	-2.4%	
Palladium	45.06 g/oz	-7.7%	14.3%	38.9%	
Silver	0.351 g/oz	-1.0%	-5.2%	-7.1%	
Copper	49.4 mg/lb	-7.4%	-14.0%	-24.5%	
Coffee	20.2 mg/lb	-8.0%	-24.3%	-19.0%	
Cotton	13.3 mg/lb	-4.0%	-6.5%	-24.2%	