

National Currency Watch		2019-12-20			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	21.0 mg	-0.8%	-0.5%	-14.8%	
CAD	16.0 mg	-0.6%	0.5%	-12.7%	
EUR	23.3 mg	-1.3%	-0.3%	-17.3%	
JPY	0.192 mg	-1.0%	-1.2%	-13.1%	
CNY	2.99 mg	-1.1%	-0.2%	-16.8%	

Digital Token Watch		2019-12-20			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Bitcoin (BTC)	151.81 g	-1.5%	-10.5%	48.7%	
Ethereum (ETH)	2.71 g	-11.7%	-27.8%	8.1%	

Bond Watch		2019-12-20			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
US 1-3 Year (SHY)	1.78 g	-0.8%	-0.5%	-11.9%	
US 20+ Year (TLT)	2.90 g	-1.7%	-2.2%	-0.6%	

Equity Watch		2019-12-20			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	598.41 g	0.3%	1.8%	6.0%	
S&P 500	67.74 g	0.8%	3.1%	11.2%	
Nikkei 225	4.58 g	-1.9%	1.6%	1.5%	
Euro STOXX (FEZ)	0.85 g	-0.6%	2.0%	4.1%	
HUI	4.62 g	-3.6%	0.6%	17.9%	

Commodity Watch		2019-12-20			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.27 g/bbl	-0.2%	8.9%	12.2%	
Platinum	19.68 g/oz	-0.5%	1.9%	0.8%	
Palladium	40.59 g/oz	-2.9%	8.7%	29.3%	
Silver	0.358 g/oz	-0.3%	-1.0%	-1.8%	
Copper	59.0 mg/lb	0.1%	5.0%	-11.3%	
Coffee	27.5 mg/lb	-1.0%	17.2%	8.6%	
Cotton	14.3 mg/lb	0.9%	5.2%	-22.9%	