

National Currency Watch 2019-11-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	21.2 mg	3.0%	2.8%	-16.4%
CAD	16.1 mg	2.5%	3.7%	-17.1%
EUR	23.4 mg	1.7%	3.5%	-19.4%
JPY	0.195 mg	2.1%	0.9%	-12.8%
CNY	3.02 mg	3.8%	3.7%	-17.1%

Digital Token Watch 2019-11-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	187.05 g	-2.0%	10.0%	14.1%
Ethereum (ETH)	3.91 g	3.2%	4.2%	-28.7%

Bond Watch 2019-11-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.80 g	3.0%	2.5%	-12.9%
US 20+ Year (TLT)	2.87 g	-0.9%	-4.3%	2.9%

Equity Watch 2019-11-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	588.04 g	4.3%	8.8%	-11.6%
S&P 500	65.71 g	3.9%	10.0%	-7.9%
Nikkei 225	4.55 g	4.5%	9.3%	-9.3%
Euro STOXX FEZ	0.84 g	4.0%	11.9%	-6.9%
HUI	4.35 g	-3.7%	-2.4%	17.4%

Commodity Watch 2019-11-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.22 g/bbl	5.0%	11.9%	-21.1%
Platinum	18.86 g/oz	-2.1%	3.0%	-14.3%
Palladium	37.56 g/oz	1.2%	10.7%	32.2%
Silver	0.357 g/oz	-4.4%	-1.5%	-3.0%
Copper	57.0 mg/lb	4.2%	7.4%	-18.1%
Coffee	23.3 mg/lb	8.4%	17.6%	-21.6%
Cotton	13.7 mg/lb	3.8%	8.6%	-31.5%