National Currency Watch	2019-10-04				
•		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	20.7 mg	-0.6%	3.1%	-19.7%	
CAD	15.6 mg	-1.2%	2.9%	-22.4%	
EUR	22.8 mg	-0.3%	2.7%	-23.5%	
JPY	0.194 mg	0.6%	2.5%	-14.6%	
CNY	2.91 mg	0.8%	4.2%	-22.1%	
Digital Token Watch	2019-10-04				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Bitcoin (BTC)	170.25 g	-1.2%	-20.1%	0.2%	
Ethereum (ETH)	3.59 g	0.9%	1.3%	-38.9%	
Bond Watch	2019-10-04				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
US 1-3 Year (SHY)	1.76 g	-0.1%	3.3%	-16.0%	
US 20+ Year (TLT)	3.03 g	1.8%	2.3%	5.5%	
Equity Watch	2019-10-04				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	551.34 g	-1.5%	4.0%	-19.9%	
S&P 500	61.25 g	-0.9%	3.6%	-18.3%	
Nikkei 225	4.16 g	-1.6%	6.2%	-23.7%	
Euro STOXX FEZ	0.77 g	-2.1%	2.9%	-21.4%	
HUI	4.38 g	-0.3%	-7.6%	17.6%	
Commodity Watch	2019-10-04		_		
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.10 g/bbl	-6.1%	-3.2%	-43.0%	
Platinum	18.11 g/oz	-6.2%	-7.8%	-15.6%	
Palladium	34.46 g/oz	-1.2%	9.8%	25.8%	
Silver	0.365 g/oz	-0.1%	-6.0%	-3.4%	
Copper	53.2 mg/lb	-2.0%	1.8%	-25.6%	
Coffee	20.5 mg/lb	-2.5%	5.7%	-25.7%	
Cotton	12.8 mg/lb	0.6%	9.3%	-34.9%	