

National Currency Watch 2019-08-30

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	20.4 mg	-1.6%	-6.7%	-21.7%
CAD	15.3 mg	-1.6%	-7.5%	-23.5%
EUR	22.4 mg	-2.5%	-7.8%	-26.0%
JPY	0.192 mg	-1.8%	-4.5%	-17.8%
CNY	2.82 mg	-3.0%	-10.2%	-25.0%

Digital Token Watch 2019-08-30

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	195.33 g	-9.3%	-6.8%	7.7%
Ethereum (ETH)	3.44 g	-14.7%	-25.8%	-54.0%

Bond Watch 2019-08-30

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.73 g	-1.6%	-6.0%	-18.4%
US 20+ Year (TLT)	3.00 g	-0.7%	4.4%	-2.4%

Equity Watch 2019-08-30

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	537.32 g	1.4%	-9.4%	-20.4%
S&P 500	59.55 g	1.1%	-9.4%	-21.0%
Nikkei 225	3.97 g	-1.8%	-8.9%	-25.6%
Euro STOXX FEZ	0.75 g	0.7%	-8.7%	-26.0%
HUI	4.64 g	-0.7%	1.0%	24.5%

Commodity Watch 2019-08-30

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.11 g/bbl	-0.5%	-12.0%	-38.9%
Platinum	19.00 g/oz	7.9%	-0.7%	-7.7%
Palladium	31.20 g/oz	3.3%	-7.5%	22.6%
Silver	0.372 g/oz	5.5%	3.6%	-2.4%
Copper	51.6 mg/lb	-1.7%	-11.7%	-26.2%
Coffee	19.6 mg/lb	-1.4%	-9.7%	-26.5%
Cotton	11.9 mg/lb	-1.1%	-13.9%	-44.3%