

National Currency Watch 2019-08-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	20.7 mg	0.8%	-5.2%	-20.7%
CAD	15.6 mg	0.9%	-6.2%	-22.2%
EUR	23.0 mg	0.8%	-5.6%	-23.9%
JPY	0.195 mg	1.2%	-3.3%	-16.8%
CNY	2.91 mg	0.8%	-7.9%	-23.0%

Digital Token Watch 2019-08-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	215.27 g	1.1%	-0.3%	26.3%
Ethereum (ETH)	4.03 g	5.8%	-15.0%	-42.9%

Bond Watch 2019-08-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.76 g	0.7%	-4.5%	-17.4%
US 20+ Year (TLT)	3.02 g	0.6%	5.7%	-2.8%

Equity Watch 2019-08-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	530.09 g	-0.2%	-11.2%	-20.8%
S&P 500	58.89 g	-0.7%	-10.2%	-21.0%
Nikkei 225	4.04 g	2.6%	-7.3%	-23.1%
Euro STOXX FEZ	0.74 g	0.6%	-11.4%	-25.9%
HUI	4.68 g	6.7%	2.3%	26.6%

Commodity Watch 2019-08-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.12 g/bbl	-0.5%	-9.5%	-36.7%
Platinum	17.60 g/oz	2.9%	-5.4%	-13.8%
Palladium	30.20 g/oz	0.9%	-9.1%	26.5%
Silver	0.353 g/oz	0.1%	-1.6%	-7.6%
Copper	52.5 mg/lb	-1.1%	-11.1%	-24.1%
Coffee	19.9 mg/lb	4.2%	-11.0%	-25.0%
Cotton	12.0 mg/lb	-2.5%	-13.4%	-43.4%