

National Currency Watch 2019-08-16

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	20.5 mg	-1.2%	-7.0%	-22.1%
CAD	15.4 mg	-1.6%	-8.9%	-23.0%
EUR	22.8 mg	-2.0%	-7.9%	-24.1%
JPY	0.193 mg	-1.8%	-5.3%	-18.9%
CNY	2.89 mg	-0.6%	-9.0%	-24.4%

Digital Token Watch 2019-08-16

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	212.95 g	-13.6%	1.8%	27.6%
Ethereum (ETH)	3.81 g	-12.9%	-24.8%	-48.8%

Bond Watch 2019-08-16

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.75 g	-0.8%	-6.2%	-18.8%
US 20+ Year (TLT)	3.00 g	3.1%	4.3%	-3.4%

Equity Watch 2019-08-16

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	531.36 g	-2.7%	-11.9%	-21.1%
S&P 500	59.30 g	-2.2%	-10.5%	-20.8%
Nikkei 225	4.01 g	-1.3%	-8.5%	-24.0%
Euro STOXX FEZ	0.74 g	-2.6%	-12.7%	-25.0%
HUI	4.39 g	-3.8%	-0.9%	19.8%

Commodity Watch 2019-08-16

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.13 g/bbl	-0.5%	-11.4%	-34.7%
Platinum	17.10 g/oz	-4.6%	-8.2%	-16.9%
Palladium	29.93 g/oz	0.6%	-12.6%	28.3%
Silver	0.352 g/oz	-0.2%	3.7%	-8.5%
Copper	53.1 mg/lb	-1.4%	-10.8%	-22.9%
Coffee	19.1 mg/lb	-5.7%	-18.2%	-28.9%
Cotton	12.3 mg/lb	0.9%	-11.3%	-42.7%