

National Currency Watch 2019-07-26

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	21.9 mg	1.4%	-1.2%	-13.5%
CAD	16.6 mg	0.5%	-1.5%	-14.2%
EUR	24.4 mg	0.5%	-3.3%	-17.5%
JPY	0.202 mg	0.5%	-2.1%	-11.6%
CNY	3.16 mg	1.5%	-0.2%	-15.1%

Digital Token Watch 2019-07-26

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	216.14 g	-5.0%	-25.0%	7.3%
Ethereum (ETH)	4.81 g	0.6%	-30.4%	-59.7%

Bond Watch 2019-07-26

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.85 g	1.3%	-1.1%	-10.2%
US 20+ Year (TLT)	2.88 g	1.2%	-1.3%	-2.1%

Equity Watch 2019-07-26

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	595.45 g	1.5%	1.3%	-7.9%
S&P 500	66.26 g	3.0%	2.6%	-7.8%
Nikkei 225	4.36 g	1.4%	0.6%	-15.2%
Euro STOXX FEZ	0.83 g	1.9%	-0.7%	-16.8%
HUI	4.53 g	-0.6%	6.0%	7.7%

Commodity Watch 2019-07-26

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.23 g/bbl	2.4%	-6.5%	-30.2%
Platinum	18.94 g/oz	1.1%	6.1%	-10.4%
Palladium	33.53 g/oz	-0.4%	-1.5%	42.2%
Silver	0.360 g/oz	0.6%	6.5%	-8.5%
Copper	58.9 mg/lb	-2.1%	-2.0%	-17.0%
Coffee	21.8 mg/lb	-5.8%	-7.0%	-21.3%
Cotton	14.1 mg/lb	3.7%	0.5%	-36.7%