

National Currency Watch		2019-06-21			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	22.3 mg	-3.3%	-9.0%	-9.4%	
CAD	16.8 mg	-2.2%	-7.7%	-8.8%	
EUR	25.2 mg	-2.4%	-7.8%	-11.5%	
JPY	0.207 mg	-2.5%	-6.4%	-7.3%	
CNY	3.21 mg	-2.8%	-8.2%	-14.9%	

Digital Token Watch		2019-06-21			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Bitcoin (BTC)	225.84 g	12.9%	15.9%	36.6%	
Ethereum (ETH)	6.57 g	8.0%	7.0%	-49.8%	

Bond Watch		2019-06-21			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
US 1-3 Year (SHY)	1.89 g	-3.1%	-8.1%	-5.8%	
US 20+ Year (TLT)	2.93 g	-3.3%	-4.5%	1.6%	

Equity Watch		2019-06-21			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	594.82 g	-2.1%	-6.1%	-1.0%	
S&P 500	65.68 g	-1.2%	-6.3%	-2.8%	
Nikkei 225	4.40 g	-1.8%	-6.5%	-13.2%	
Euro STOXX FEZ	0.85 g	-2.1%	-7.3%	-9.9%	
HUI	4.23 g	5.8%	15.0%	-1.4%	

Commodity Watch		2019-06-21			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.28 g/bbl	5.8%	-17.0%	-20.6%	
Platinum	17.88 g/oz	-3.6%	-9.9%	-16.0%	
Palladium	33.39 g/oz	0.3%	2.7%	41.3%	
Silver	0.340 g/oz	-1.6%	-3.6%	-14.7%	
Copper	60.1 mg/lb	-0.6%	-9.5%	-19.1%	
Coffee	22.2 mg/lb	0.5%	-1.5%	-19.7%	
Cotton	13.6 mg/lb	-10.3%	-16.7%	-33.4%	