National Currency Watch	2019-06-07			
·		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	23.2 mg	-3.4%	-4.4%	-3.2%
CAD	17.5 mg	-1.7%	-3.1%	-5.5%
EUR	26.3 mg	-1.7%	-3.2%	-7.2%
JPY	0.215 mg	-2.9%	-2.3%	-1.5%
CNY	3.35 mg	-2.9%	-5.6%	-10.4%
Digital Token Watch	2019-06-07			
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	186.62 g	-9.3%	31.9%	1.4%
Ethereum (ETH)	5.82 g	-9.6%	38.6%	-59.9%
Bond Watch	2019-06-07			
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	1.96 g	-3.2%	-3.6%	0.4%
US 20+ Year (TLT)	3.06 g	-3.2%	1.0%	9.4%
Equity Watch	2019-06-07	01	•	
		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	602.84 g	1.2%	-4.4%	-0.4%
S&P 500	66.66 g	0.9%	-4.8%	0.4%
Nikkei 225	4.49 g	-1.5%	-7.0%	-9.8%
Euro STOXX FEZ	0.88 g	1.0%	-2.6%	-8.7%
HUI	3.92 g	3.9%	3.9%	-8.5%
Commodity Watch	2010 06 07			
Commodity Watch	2019-06-07	Change	from	
	Price in Gold	•		
Crude Oil	1.25 g/bbl	-2.5%	Month ago -16.0%	Year ago -20.8%
Platinum	18.65 g/oz	-2.5%	-10.0%	-14.0%
Palladium	31.46 g/oz	-1.6% -4.4%	-11.6% -2.7%	-14.0% 27.8%
Silver	0.346 g/oz	-4.4% -0.5%	-3.9%	-13.8%
Copper	60.9 mg/lb	-3.6%	-3.9%	-13.6%
Coffee	23.4 mg/lb	-6.7%	9.4%	-15.6%
Cotton	15.2 mg/lb	-6.9%	-14.5%	-32.3%
Collon	13.2 mg/m	-0.5/0	14.570	-52.570