

**National Currency Watch** 2019-03-15

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	23.9 mg	-0.5%	1.0%	1.2%
CAD	17.9 mg	0.2%	0.6%	-1.0%
EUR	27.0 mg	0.3%	1.6%	-7.0%
JPY	0.214 mg	-0.9%	0.1%	-3.8%
CNY	3.53 mg	-0.7%	1.6%	-4.4%

**Digital Token Watch** 2019-03-15

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	94.51 g	1.0%	10.5%	-51.7%
Ethereum (ETH)	3.29 g	1.4%	14.1%	-77.2%

**Bond Watch** 2019-03-15

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.00 g	-0.4%	1.3%	3.6%
US 20+ Year (TLT)	2.91 g	-0.4%	1.0%	5.4%

**Equity Watch** 2019-03-15

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	616.79 g	1.0%	0.9%	5.1%
S&P 500	67.35 g	2.4%	2.7%	3.9%
Nikkei 225	4.59 g	1.1%	2.7%	-5.4%
Euro STOXX FEZ	0.89 g	2.7%	5.3%	-7.9%
HUI	4.04 g	-0.9%	1.9%	-0.1%

**Commodity Watch** 2019-03-15

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.40 g/bbl	2.7%	6.3%	-3.2%
Platinum	19.83 g/oz	1.1%	6.5%	-12.3%
Palladium	37.10 g/oz	2.5%	9.3%	59.4%
Silver	0.366 g/oz	1.1%	-1.1%	-6.0%
Copper	69.3 mg/lb	-0.2%	4.8%	-5.6%
Coffee	23.3 mg/lb	-1.2%	0.8%	-16.7%
Cotton	18.0 mg/lb	2.2%	8.6%	-8.6%