

National Currency Watch 2019-03-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	24.0 mg	1.2%	1.4%	1.9%
CAD	17.8 mg	-0.3%	0.2%	-1.9%
EUR	26.9 mg	-0.2%	0.6%	-7.2%
JPY	0.216 mg	1.9%	0.1%	-2.8%
CNY	3.55 mg	1.3%	2.1%	-3.5%

Digital Token Watch 2019-03-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	93.57 g	2.3%	7.9%	-57.7%
Ethereum (ETH)	3.24 g	0.2%	30.6%	-81.6%

Bond Watch 2019-03-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.01 g	1.6%	1.6%	4.3%
US 20+ Year (TLT)	2.92 g	3.9%	1.0%	7.4%

Equity Watch 2019-03-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	610.44 g	-1.1%	2.8%	4.1%
S&P 500	65.79 g	-1.0%	2.7%	2.0%
Nikkei 225	4.54 g	-0.9%	3.5%	-4.3%
Euro STOXX FEZ	0.86 g	-0.7%	5.2%	-10.3%
HUI	4.08 g	4.5%	2.1%	-0.2%

Commodity Watch 2019-03-08

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.36 g/bbl	2.7%	9.0%	-4.0%
Platinum	19.62 g/oz	-4.1%	3.8%	-12.7%
Palladium	36.19 g/oz	-1.7%	9.8%	56.1%
Silver	0.363 g/oz	-1.7%	-2.9%	-6.6%
Copper	69.4 mg/lb	-0.2%	4.4%	-3.6%
Coffee	23.6 mg/lb	-0.5%	-2.7%	-16.6%
Cotton	17.6 mg/lb	0.7%	2.7%	-12.0%