

**National Currency Watch** 2018-12-21

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	24.7 mg	-1.8%	-2.5%	0.5%
CAD	18.2 mg	-3.1%	-4.4%	-5.6%
EUR	28.2 mg	-0.8%	-2.4%	-3.3%
JPY	0.222 mg	0.2%	-0.9%	2.6%
CNY	3.56 mg	-1.2%	-2.3%	-3.7%

**Digital Token Watch** 2018-12-21

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	96.33 g	18.0%	-17.5%	-75.2%
Ethereum (ETH)	2.71 g	27.5%	-18.3%	-86.6%

**Bond Watch** 2018-12-21

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.06 g	-1.6%	-2.0%	1.9%
US 20+ Year (TLT)	2.98 g	0.3%	2.8%	0.2%

**Equity Watch** 2018-12-21

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	554.89 g	-8.6%	-10.6%	-9.0%
S&P 500	59.74 g	-8.7%	-11.1%	-9.5%
Nikkei 225	4.49 g	-5.5%	-7.1%	-9.5%
Euro STOXX FEZ	0.81 g	-5.2%	-8.7%	-20.0%
HUI	3.87 g	0.6%	0.6%	-15.6%

**Commodity Watch** 2018-12-21

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.13 g/bbl	-12.2%	-18.8%	-21.6%
Platinum	19.53 g/oz	-1.1%	-9.0%	-13.4%
Palladium	30.70 g/oz	-1.1%	5.1%	20.8%
Silver	0.363 g/oz	-1.1%	-0.7%	-8.5%
Copper	66.1 mg/lb	-5.0%	-6.8%	-15.9%
Coffee	24.6 mg/lb	-3.8%	-15.0%	-18.1%
Cotton	18.1 mg/lb	-9.8%	-9.6%	-5.7%