

**National Currency Watch** 2018-11-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
USD	25.4 mg	-0.1%	1.0%	5.5%
CAD	19.2 mg	-0.8%	0.1%	1.4%
EUR	28.8 mg	-0.5%	0.0%	1.0%
JPY	0.225 mg	0.0%	0.4%	4.0%
CNY	3.63 mg	-1.0%	0.0%	-0.1%

**Digital Token Watch** 2018-11-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Bitcoin (BTC)	110.50 g	-22.1%	-32.2%	-43.0%
Ethereum (ETH)	3.13 g	-29.7%	-39.6%	-65.8%

**Bond Watch** 2018-11-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
US 1-3 Year (SHY)	2.11 g	-0.1%	1.4%	5.7%
US 20+ Year (TLT)	2.93 g	0.3%	2.3%	-2.3%

**Equity Watch** 2018-11-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
DJIA	617.31 g	-4.5%	-2.6%	8.9%
S&P 500	66.92 g	-3.9%	-3.0%	6.6%
Nikkei 225	4.86 g	-0.7%	-1.7%	-0.4%
Euro STOXX FEZ	0.88 g	-2.6%	-1.4%	-11.4%
HUI	3.76 g	-0.6%	-3.9%	-18.0%

**Commodity Watch** 2018-11-23

		Change from		
	Price in Gold	Week ago	Month ago	Year ago
Crude Oil	1.28 g/bbl	-10.8%	-23.3%	-8.6%
Platinum	21.30 g/oz	-0.6%	1.9%	-5.3%
Palladium	29.00 g/oz	-3.2%	1.0%	19.7%
Silver	0.362 g/oz	-0.3%	-2.2%	-12.1%
Copper	70.1 mg/lb	-1.7%	1.4%	-7.7%
Coffee	28.2 mg/lb	-1.6%	-7.5%	-8.1%
Cotton	19.6 mg/lb	1.3%	-1.3%	14.2%