

Currency Watch		2016-09-30			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	23.5 mg	1.2%	-0.3%	-15.8%	
CAD	17.9 mg	0.8%	-1.1%	-14.0%	
EUR	26.4 mg	1.2%	0.1%	-16.0%	
JPY	0.232 mg	1.0%	0.9%	-0.3%	
CNY	3.51 mg	0.8%	-0.1%	-19.1%	
BTC	14,309.7 mg	2.4%	5.3%	116.9%	

Bond Watch		2016-09-30			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
1-3 Year (SHY)	2.00 g	1.2%	-0.2%	-15.2%	
20+ Year (TLT)	3.23 g	1.7%	-1.9%	-4.4%	

Equity Watch		2016-09-30			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	430.58 g	1.5%	-1.1%	-5.3%	
S&P 500	50.99 g	1.4%	-0.7%	-4.9%	
Nikkei 225	3.82 g	-0.8%	-0.8%	-5.7%	
Euro STOXX FEZ	0.77 g	0.6%	-0.7%	-18.5%	
HUI	5.44 g	-0.5%	1.7%	79.6%	

Commodity Watch		2016-09-30			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.13 g/bbl	9.8%	3.7%	-9.9%	
Platinum	24.32 g/oz	-0.8%	-3.4%	-4.1%	
Palladium	16.98 g/oz	5.9%	4.0%	-8.0%	
Silver	0.455 g/oz	-1.2%	2.7%	11.4%	
Copper	51.8 mg/lb	1.7%	6.1%	-20.9%	
Coffee	35.6 mg/lb	1.3%	3.4%	5.2%	
Cotton	16.0 mg/lb	-0.2%	2.4%	-5.1%	