

Currency Watch		2016-07-08			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	23.0 mg	-1.1%	-6.7%	-14.5%	
CAD	17.6 mg	-1.7%	-8.9%	-16.6%	
EUR	25.4 mg	-1.5%	-9.3%	-14.0%	
JPY	0.228 mg	1.0%	-0.8%	4.2%	
CNY	3.43 mg	-2.2%	-9.4%	-19.9%	
BTC	15,267.4 mg	-2.8%	6.3%	110.9%	

Bond Watch		2016-07-08			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
1-3 Year (SHY)	1.96 g	-1.0%	-6.4%	-13.7%	
20+ Year (TLT)	3.30 g	1.3%	0.7%	4.6%	

Equity Watch		2016-07-08			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	416.78 g	0.0%	-6.0%	-11.4%	
S&P 500	48.92 g	0.2%	-6.3%	-11.0%	
Nikkei 225	3.45 g	-2.7%	-11.0%	-20.3%	
Euro STOXX FEZ	0.70 g	-3.1%	-17.1%	-27.1%	
HUI	6.24 g	3.7%	9.4%	61.2%	

Commodity Watch		2016-07-08			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	1.04 g/bbl	-8.3%	-17.3%	-24.8%	
Platinum	24.85 g/oz	3.0%	-0.7%	-8.9%	
Palladium	13.92 g/oz	0.3%	-0.5%	-19.3%	
Silver	0.453 g/oz	0.5%	9.8%	12.5%	
Copper	48.8 mg/lb	-5.1%	-3.9%	-27.2%	
Coffee	33.1 mg/lb	-2.6%	-3.8%	-1.3%	
Cotton	15.1 mg/lb	0.2%	-6.7%	-14.0%	