

Currency Watch		2016-03-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
USD	24.8 mg	1.0%	-3.4%	-8.4%	
CAD	19.1 mg	3.2%	3.1%	-9.9%	
EUR	28.1 mg	2.3%	-1.8%	-2.3%	
JPY	0.223 mg	2.9%	-1.2%	-0.2%	
CNY	3.80 mg	1.2%	-3.6%	-11.9%	
BTC	10,180.4 mg	-1.6%	-5.7%	40.6%	

Bond Watch		2016-03-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
1-3 Year (SHY)	2.11 g	1.3%	-3.6%	-7.9%	
20+ Year (TLT)	3.21 g	2.4%	-4.7%	-8.0%	

Equity Watch		2016-03-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
DJIA	437.26 g	3.3%	3.6%	-10.8%	
S&P 500	50.91 g	2.4%	3.3%	-10.6%	
Nikkei 225	3.73 g	1.6%	2.0%	-14.6%	
Euro STOXX FEZ	0.84 g	1.2%	3.8%	-18.8%	
HUI	4.50 g	4.4%	8.6%	0.0%	

Commodity Watch		2016-03-18			
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	
Crude Oil	.98 g/bbl	3.5%	23.9%	-19.1%	
Platinum	24.15 g/oz	0.8%	0.7%	-18.1%	
Palladium	14.73 g/oz	4.0%	13.0%	-28.6%	
Silver	0.396 g/oz	3.9%	1.0%	-5.6%	
Copper	56.6 mg/lb	3.0%	6.4%	-18.7%	
Coffee	33.4 mg/lb	7.8%	13.7%	-12.1%	
Cotton	14.2 mg/lb	1.0%	-7.8%	-16.2%	