

National Currency Watch 2026-10-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.4 mg	1.7%	4.6%	-7.4%	-58.1%
CAD	5.2 mg	1.2%	2.2%	-9.3%	-62.6%
EUR	8.4 mg	0.6%	1.5%	-11.2%	-59.3%
JPY	0.047 mg	2.3%	6.1%	-13.8%	-70.5%
CNY	1.11 mg	2.5%	3.3%	-3.4%	-59.6%

Digital Token Watch 2026-10-02

		Change from				
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
Bitcoin (BTC)	627.31 g	2.2%	14.3%	-35.1%	-26.6%	
Ethereum (ETH)	19.80 g	0.8%	16.7%	-44.9%	-67.1%	
Crypto Index (CCi30)	3,733.74 g	-0.7%	22.2%	-45.5%	-75.3%	

Bond Watch 2026-10-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.60 g	1.5%	3.8%	-6.7%	-56.5%
US 20+ Year (TLT)	0.58 g	-0.7%	-1.1%	-17.3%	-75.7%

Equity Watch 2026-10-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	379.90 g	0.4%	0.9%	1.8%	-37.5%
S&P 500	57.33 g	1.4%	5.4%	6.4%	-25.7%
Nikkei 225	3.21 g	5.3%	12.7%	31.0%	-30.0%
Euro STOXX (FEZ)	0.497 g	-0.7%	-0.1%	-2.1%	-38.3%
HUI	5.47 g	-4.7%	-5.7%	10.3%	35.2%

Commodity Watch 2026-10-02

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.676 g/bbl	0.3%	4.7%	39.4%	-49.6%
Platinum	12.94 g/oz	0.3%	4.3%	1.5%	-24.8%
Palladium	8.88 g/oz	-3.2%	-5.6%	-12.3%	-73.7%
Silver	0.453 g/oz	-4.5%	0.2%	19.2%	15.8%
Copper	48.2 mg/lb	-1.4%	4.4%	22.7%	-35.0%
Coffee	21.4 mg/lb	5.4%	-8.0%	-29.3%	-40.7%
Cotton	5.58 mg/lb	-3.2%	-9.0%	11.0%	-69.9%