

National Currency Watch 2026-09-18

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.2 mg	0.9%	1.3%	-16.2%	-59.6%
CAD	5.1 mg	-0.2%	0.4%	-17.5%	-63.2%
EUR	8.2 mg	-0.3%	0.3%	-18.3%	-60.5%
JPY	0.046 mg	-0.2%	3.4%	-21.2%	-71.6%
CNY	1.06 mg	-0.5%	1.3%	-12.1%	-60.4%

Digital Token Watch 2026-09-18

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	578.51 g	5.7%	26.6%	-42.2%	-30.9%
Ethereum (ETH)	18.68 g	4.8%	38.0%	-52.4%	-69.3%
Crypto Index (CCi30)	3,428.44 g	9.0%	35.8%	-54.2%	-78.3%

Bond Watch 2026-09-18

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.58 g	0.7%	0.6%	-15.4%	-58.0%
US 20+ Year (TLT)	0.58 g	1.4%	0.8%	-21.0%	-76.1%

Equity Watch 2026-09-18

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	369.70 g	-0.8%	-1.9%	-6.1%	-39.7%
S&P 500	54.73 g	0.8%	0.7%	-3.3%	-30.3%
Nikkei 225	2.98 g	1.4%	-0.4%	13.2%	-39.4%
Euro STOXX (FEZ)	0.488 g	-1.3%	-3.2%	-6.9%	-41.4%
HUI	5.76 g	-0.2%	8.0%	21.9%	36.9%

Commodity Watch 2026-09-18

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.717 g/bbl	1.1%	19.6%	32.2%	-43.7%
Platinum	12.83 g/oz	0.1%	3.6%	7.8%	-24.0%
Palladium	9.41 g/oz	0.5%	1.2%	-4.7%	-73.7%
Silver	0.480 g/oz	5.9%	4.3%	34.2%	17.7%
Copper	47.3 mg/lb	3.1%	3.3%	22.1%	-37.1%
Coffee	20.1 mg/lb	-9.8%	-21.8%	-38.3%	-39.2%
Cotton	5.54 mg/lb	-5.2%	-6.8%	-0.5%	-66.2%