

National Currency Watch 2026-09-11

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.1 mg	0.7%	-0.1%	-17.3%	-59.1%
CAD	5.1 mg	0.3%	0.6%	-17.1%	-62.7%
EUR	8.2 mg	0.4%	0.4%	-18.2%	-59.9%
JPY	0.046 mg	2.0%	3.6%	-20.6%	-70.7%
CNY	1.07 mg	3.2%	1.8%	-11.6%	-60.1%

Digital Token Watch 2026-09-11

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	547.46 g	-2.5%	21.4%	-44.7%	-31.6%
Ethereum (ETH)	17.83 g	3.1%	33.6%	-53.3%	-68.6%
Crypto Index (CCi30)	3,143.99 g	-0.1%	24.5%	-56.6%	-79.0%

Bond Watch 2026-09-11

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.58 g	0.3%	-0.7%	-18.8%	-58.2%
US 20+ Year (TLT)	0.57 g	-1.0%	-1.7%	-25.9%	-76.1%

Equity Watch 2026-09-11

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	372.80 g	-0.9%	-2.3%	-5.6%	-37.8%
S&P 500	54.30 g	-0.1%	-1.0%	-3.8%	-29.7%
Nikkei 225	2.96 g	0.5%	-1.0%	14.5%	-38.3%
Euro STOXX (FEZ)	0.494 g	-0.7%	-3.0%	-4.6%	-40.0%
HUI	5.77 g	-1.6%	7.1%	20.1%	36.9%

Commodity Watch 2026-09-11

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.709 g/bbl	10.1%	20.2%	32.7%	-41.3%
Platinum	12.81 g/oz	1.2%	2.7%	7.4%	-24.3%
Palladium	9.37 g/oz	-5.1%	-3.8%	-7.8%	-75.4%
Silver	0.453 g/oz	-3.9%	-2.1%	28.6%	8.7%
Copper	45.9 mg/lb	-1.3%	-2.2%	16.6%	-40.5%
Coffee	22.2 mg/lb	-2.6%	-6.6%	-35.1%	-30.9%
Cotton	5.84 mg/lb	0.6%	-0.9%	4.3%	-64.0%