

National Currency Watch 2026-09-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.0 mg	3.3%	-7.5%	-19.7%	-58.7%
CAD	5.1 mg	3.8%	-5.8%	-19.7%	-62.5%
EUR	8.2 mg	3.1%	-6.5%	-19.8%	-59.6%
JPY	0.045 mg	5.8%	-6.4%	-23.6%	-70.9%
CNY	1.03 mg	2.5%	-8.6%	-16.2%	-61.0%

Digital Token Watch 2026-09-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	561.23 g	5.8%	15.0%	-42.2%	-36.3%
Ethereum (ETH)	17.30 g	3.9%	21.6%	-54.2%	-73.9%
Crypto Index (CCi30)	3,147.44 g	6.3%	15.4%	-54.3%	-80.9%

Bond Watch 2026-09-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.58 g	3.1%	-7.7%	-20.8%	-57.6%
US 20+ Year (TLT)	0.58 g	2.5%	-8.2%	-24.3%	-75.4%

Equity Watch 2026-09-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	376.27 g	3.1%	-8.6%	-6.0%	-37.6%
S&P 500	54.37 g	3.4%	-7.7%	-4.7%	-29.7%
Nikkei 225	2.94 g	3.6%	-4.8%	16.6%	-35.0%
Euro STOXX (FEZ)	0.498 g	2.3%	-8.4%	-4.7%	-39.5%
HUI	5.86 g	2.4%	18.4%	27.5%	33.2%

Commodity Watch 2026-09-04

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.644 g/bbl	13.3%	10.1%	15.7%	-45.5%
Platinum	12.65 g/oz	-1.5%	-4.2%	4.2%	-26.3%
Palladium	9.87 g/oz	0.3%	-2.9%	-0.7%	-76.0%
Silver	0.471 g/oz	-1.7%	3.7%	31.0%	14.8%
Copper	46.5 mg/lb	3.9%	-9.1%	18.1%	-37.1%
Coffee	22.8 mg/lb	-3.1%	-8.8%	-32.5%	-29.7%
Cotton	5.81 mg/lb	-5.3%	-7.4%	2.3%	-63.8%