

National Currency Watch 2026-08-28

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	6.8 mg	0.4%	-11.8%	-25.3%	-60.6%
CAD	4.9 mg	-0.1%	-10.1%	-25.7%	-64.1%
EUR	7.9 mg	-0.4%	-10.2%	-25.8%	-61.2%
JPY	0.043 mg	-0.3%	-9.8%	-31.3%	-72.9%
CNY	1.01 mg	-1.0%	-11.0%	-21.3%	-62.1%

Digital Token Watch 2026-08-28

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	530.49 g	-0.2%	7.4%	-48.3%	-37.2%
Ethereum (ETH)	16.65 g	-2.5%	12.1%	-59.6%	-70.4%
Crypto Index (CCi30)	2,961.01 g	-0.8%	6.6%	-60.6%	-80.7%

Bond Watch 2026-08-28

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.56 g	0.3%	-11.9%	-26.2%	-59.5%
US 20+ Year (TLT)	0.56 g	1.4%	-13.3%	-29.0%	-76.5%

Equity Watch 2026-08-28

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	365.11 g	1.0%	-10.5%	-12.3%	-40.5%
S&P 500	52.57 g	0.9%	-8.5%	-11.4%	-32.6%
Nikkei 225	2.83 g	0.3%	-3.9%	6.6%	-34.9%
Euro STOXX (FEZ)	0.486 g	-0.1%	-7.7%	-11.5%	-41.2%
HUI	5.72 g	-2.4%	20.0%	25.7%	30.0%

Commodity Watch 2026-08-28

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.569 g/bbl	-3.8%	-7.2%	-3.6%	-52.2%
Platinum	12.84 g/oz	0.2%	3.5%	4.6%	-25.1%
Palladium	9.84 g/oz	6.5%	0.5%	-2.1%	-76.5%
Silver	0.479 g/oz	1.5%	8.3%	34.8%	17.3%
Copper	44.7 mg/lb	0.2%	-8.5%	9.8%	-40.3%
Coffee	23.6 mg/lb	-3.2%	-10.2%	-33.4%	-28.1%
Cotton	6.13 mg/lb	3.7%	0.1%	1.7%	-62.6%