

**National Currency Watch** 2026-04-24

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
<a href="#">USD</a>	6.6 mg	3.4%	-5.2%	-29.6%	-62.2%	
<a href="#">CAD</a>	4.8 mg	3.4%	-6.1%	-28.7%	-65.5%	
<a href="#">EUR</a>	7.7 mg	2.9%	-5.4%	-27.5%	-63.2%	
<a href="#">JPY</a>	0.041 mg	3.3%	-6.8%	-36.8%	-74.3%	
<a href="#">CNY</a>	.97 mg	1.9%	-6.4%	-23.1%	-63.7%	

**Digital Token Watch** 2026-04-24

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
<a href="#">Bitcoin (BTC)</a>	511.24 g	3.8%	4.1%	-42.0%	-41.5%	
<a href="#">Ethereum (ETH)</a>	15.29 g	-1.1%	1.8%	-7.9%	-63.0%	
<a href="#">Crypto Index (CCi30)</a>	2,872.33 g	2.0%	-1.2%	-49.3%	-81.6%	

**Bond Watch** 2026-04-24

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
<a href="#">US 1-3 Year (SHY)</a>	0.55 g	3.3%	-4.9%	-29.4%	-60.8%	
<a href="#">US 20+ Year (TLT)</a>	0.57 g	2.9%	-4.4%	-30.6%	-74.6%	

**Equity Watch** 2026-04-24

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
<a href="#">DJIA</a>	324.99 g	2.9%	1.2%	-13.6%	-45.3%	
<a href="#">S&amp;P 500</a>	47.30 g	3.9%	3.6%	-8.1%	-35.2%	
<a href="#">Nikkei 225</a>	2.47 g	5.5%	6.5%	7.8%	-47.2%	
<a href="#">Euro STOXX (FEZ)</a>	0.436 g	1.0%	2.4%	-17.1%	-47.0%	
<a href="#">HUI</a>	5.29 g	-3.1%	6.9%	42.2%	4.4%	

**Commodity Watch** 2026-04-24

			Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago	
<a href="#">Crude Oil</a>	0.623 g/bbl	8.9%	-3.1%	5.8%	-42.6%	
<a href="#">Platinum</a>	13.35 g/oz	-3.8%	1.0%	45.5%	-38.5%	
<a href="#">Palladium</a>	9.93 g/oz	-4.3%	1.9%	11.8%	-80.4%	
<a href="#">Silver</a>	0.494 g/oz	-2.5%	1.4%	57.6%	8.3%	
<a href="#">Copper</a>	39.8 mg/lb	3.2%	5.3%	-12.6%	-47.5%	
<a href="#">Coffee</a>	20.5 mg/lb	10.7%	-7.6%	-46.6%	-15.4%	
<a href="#">Cotton</a>	5.08 mg/lb	3.6%	7.9%	-19.5%	-67.2%	