

National Currency Watch 2025-10-17

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	7.4 mg	-5.9%	-12.9%	-36.4%	-54.9%
CAD	5.2 mg	-6.1%	-14.8%	-37.5%	-57.6%
EUR	8.6 mg	-5.1%	-14.2%	-31.4%	-55.1%
JPY	0.049 mg	-4.1%	-15.0%	-36.3%	-68.3%
CNY	1.01 mg	-9.5%	-16.2%	-38.5%	-59.4%

Digital Token Watch 2025-10-17

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	783.66 g	-11.5%	-20.4%	0.6%	322.6%
Ethereum (ETH)	28.21 g	-6.0%	-27.3%	-6.3%	371.7%
Crypto Index (CCI30)	5,120.43 g	-9.3%	-30.2%	-15.2%	86.0%

Bond Watch 2025-10-17

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.61 g	-5.7%	-12.7%	-34.3%	-52.7%
US 20+ Year (TLT)	0.67 g	-5.3%	-11.8%	-36.7%	-72.3%

Equity Watch 2025-10-17

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	340.06 g	-4.5%	-12.5%	-32.0%	-27.2%
S&P 500	49.06 g	-4.3%	-12.0%	-27.4%	-13.7%
Nikkei 225	2.33 g	-5.2%	-9.7%	-22.1%	-35.6%
Euro STOXX (FEZ)	0.463 g	-3.1%	-9.5%	-21.6%	-23.2%
HUI	4.69 g	-2.3%	0.2%	23.3%	-13.9%

Commodity Watch 2025-10-17

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.424 g/bbl	-8.1%	-21.7%	-48.2%	-36.5%
Platinum	12.09 g/oz	-5.5%	4.5%	4.6%	-14.9%
Palladium	11.33 g/oz	-0.5%	15.5%	-5.8%	-70.2%
Silver	0.398 g/oz	0.3%	14.2%	8.2%	0.1%
Copper	36.3 mg/lb	-4.3%	-6.0%	-26.8%	-27.5%
Coffee	29.3 mg/lb	0.2%	-10.9%	-0.9%	67.1%
Cotton	4.73 mg/lb	-5.3%	-15.0%	-42.2%	-58.5%